



BSC MULTICULTURAL SERVICES HEALTH AWARENESS

THURS 12TH FEB 2026 • 11am - 2pm

ST MARGARETS CHURCH HALL

22 Bolton Lane, Ipswich IP4 2BT (next door to school)



Join us for your opportunity to:

- *Receive Free Basic Health Checks* •
- *Discover exciting ways to remain healthy during Ramadan* •
- *Learn health and wellbeing strategies to remain fit & healthy* •

All are welcome • Refreshments available

For more information about this event, please contact:

KOHINOOR BIBI OR RUPA AHMED or NOMAN SIDDIQUI

01473 400081 or email info@bscmulticulturalservices.org.uk



SUFFOLK
Community
Foundation



LLOYDS BANK
FOUNDATION
England & Wales



bscmulticulturalservices.org.uk

info@bscmulticulturalservices.org.uk

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