



# BSC MULTICULTURAL SERVICES HEALTH AWARENESS

THURS 12<sup>TH</sup> FEB 2026 • 11am - 2pm

## ST MARGARETS CHURCH HALL

22 Bolton Lane, Ipswich IP4 2BT (next door to school)



*Join us for your opportunity to:*

- Receive Free Basic Health Checks •
- Discover exciting ways to remain healthy during Ramadan •
- Learn health and wellbeing strategies to remain fit & healthy •

**All are welcome • Refreshments available**

For more information about this event, please contact:  
**KOHINOOR BIBI OR RUPA AHMED or NOMAN SIDDIQUI**  
01473 400081 or email [info@bscmulticulturalservices.org.uk](mailto:info@bscmulticulturalservices.org.uk)



SUFFOLK  
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[bscmulticulturalservices.org.uk](https://bscmulticulturalservices.org.uk)

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