



BSC Multicultural Services
Supporting over 50 nationalities



The Queen's Award
for Voluntary Service

BSC MULTICULTURAL SERVICES PREPARING FOR WINTER

WEDS 15th OCT 2025 • 11am - 1:30pm



Join us for your opportunity to:

- *Discover exciting ways to remain healthy as winter approaches •*
- *Learn health and wellbeing strategies to help remain fit & healthy •*
 - *Connect with local resources and support •*
- *Get motivated to achieve your health and fitness goals! •*

All are welcome • Refreshments available

For more information about this event, please contact:

KOHINOOR BIBI or RUPA AHMED or NOMAN SIDDIQUI - 01473 400081
or email info@bscmulticulturalservices.org.uk



ST MARGARETS CHURCH CENTRE
(NEXT TO ST MARGARETS PRIMARY SCHOOL)
22 BOLTON LANE, IPSWICH IP4 2BT



SUFFOLK
Community
Foundation

LLOYDS BANK
FOUNDATION
England & Wales



Suffolk
County Council

bscmulticulturalservices.org.uk

Registered Charity No: 1104502



**Suffolk and
North East Essex**
Integrated Care Board



IPSWICH
BOROUGH COUNCIL